



STARS

Syncope Trust And Reflex anoxic Seizures

www.stars.org.uk

Registered Charity No. 1084898

Have You Fainted?

‘Syncope’ or fainting affects up to 225,000 young people every year

An unexpected syncopal attack can be alarming but **DON'T PANIC**, the patient WILL recover and YOU can be of help!

Recovery position – roll the unconscious patient into this position



Are there any dangers which could cause them harm? If so, make the area safe

Stay with them, talking quietly and reassuringly until help arrives

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endorsed by
Department
of Health

**“working together with individuals, families
and medical professionals to offer
support and information on
syncope and reflex anoxic seizures”**



Affiliated to Arrhythmia Alliance
www.heartrhythmcharity.org.uk