

Become a Friend of STARS

Please support STARS by becoming a Friend so that we can continue to support individuals and families affected by syncope, RAS and PoTS. Your donations enable us to maintain our daily helpline and essential services for patients and carers. For just £15 per year, or £2 per month, you can benefit from:

- our dedicated helpline
- patient friendly booklets
- growing network of local support groups
- STARS biannual newsletter
- 50% discount for STARS Patients Day

Your details

Title _____
First Name(s) _____ Surname _____
Address _____

Postcode _____
Email _____ Phone number _____
I am the Carer/Patient _____ Patient's DOB DD/MM/YYYY
Diagnosis _____ Hospital _____

Your payment

Please tick method of payment & complete relevant section:

I would like to set up a regular **standing order** for £ _____ starting on DD/MM/YYYY

To be paid: Monthly Annually

My bank name _____ Bank address _____

Account no. Sort code

*Payable to: Syncope Trust And Reflex anoxic Seizures, Account no. 02455170, Sort code. 30-98-26
Lloyds TSB Plc, 22 Bridge Street, Stratford upon Avon, CV37 6AG*

or I enclose a **cheque** made payable to 'STARS' for £ _____

or I would like to pay for this year only using my **credit/debit card** (please call 01789 867503)

Please note you can cancel your standing order at any time by contacting your bank.

Your Signature

Signature _____ Date DD/MM/YYYY

Post me to: STARS, PO Box 175, Stratford upon Avon, Warwickshire, CV37 8YD

If you have any queries please do not hesitate to call us on 01789 867503

Publications Order Form

Below is a list of current information resources; please tick the relevant box if you would like to receive any of these in your welcome pack. These are also available to subscribers via our website.

Blackouts checklist

Booklets

- Diagnostic tests for syncope
- Frequently asked questions*
- Living with low blood pressure
- Reflex anoxic seizures (RAS)
- Reflex syncope
- Psychogenic blackouts

Paediatric Resources

- Jack has RAS
- Jane's ILR*
- Bertie's pacemaker*
- How my heart works
- Syncope education - information and resource
- Syncope education - sample school policy*
- Syncope education DVD- for schools only (cost £5)

Information Sheets

- Bradycardia (slow heart rhythm)
- Cognitive behavioural therapy (CBT)
- Information for anaesthetists, dentists etc
- Inappropriate sinus tachycardia (IST)*
- Know your pulse
- Long Q T syndrome
- Midodrine
- Miniature insertable cardiac monitor (ICM) System
- Pacemaker
- Postural tachycardia syndrome (PoTS)
- Reflex anoxic seizures (RAS)
- Syncope causes falls in older people
- Syncope in older people: common causes and advice
- Syncope and falls in care homes
- Syncope and diet: you are what you eat
- Syncope and diet: for teens *
- Syncope in care home residents
- Syncope during pregnancy



Alert Cards

STARS alert cards are the size of a credit card and provide key information on what to do in the event of an RAS or syncope attack.

Available for just £1 for 20

- Syncope alert cards
- RAS alert cards



STARS publications are free of charge, however any contribution towards print and postage is gratefully received.

*Currently available online only