

How to contact us

Please use the following methods of communication to find out about the services and help we offer:

Telephone:
01202 726154

Email:
arrhythmia.nurses@rbch.nhs.uk

Website:
www.bournemouth.icdsupport.org.uk



www.bournemouth.icd-support.org.uk

Our mission
Providing the excellent care we would expect for our own families.

The Bournemouth Area Defibrillator Group
The Royal Bournemouth Hospital
Castle Lane East, Bournemouth
Dorset, BH7 7DW

The Bournemouth Hospital Charity raises funds for the Bournemouth and Christchurch Hospitals to enhance patient care and purchase items which directly benefit patients and staff above and beyond that what can be funded by the NHS alone. If you would like to contribute to the Bournemouth Hospital Charity please contact them on **01202 704060**, email **charity@rbch.gov.uk** or visit **www.bournemouthhospitalcharity.org.uk**.

If you have any queries or concerns about your care at the Royal Bournemouth and Christchurch Hospitals NHS Foundation Trust, the Patient Advice and Liaison Service (PALS) would be happy to help you and can be contacted on **01202 704886/704301** or **pals@rbch.nhs.uk**.

If you would like this leaflet printed in a larger font, please contact the Communications Team on **01202 704905** during the office hours of 8.30am-5pm Monday - Friday.



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**The support group
for people with
Implantable
Cardioverter
Defibrillators (ICD's)
and their families**



Affiliated to the Arrhythmia Alliance
The Heart Rhythm Charity.
www.heartrhythmcharity.org.uk

What is the BAD group?

The aim of the group is to provide support, information and friendship to people and their families/friends who have an ICD.

The group is run by a committee of people who have ICDs and their partners. It is also supported by the arrhythmia nurse specialists from the Royal Bournemouth Hospital.

What do we do?

We provide an opportunity to meet people who may have shared a common or difficult experience in their lives.

- We give support to people with ICDs and their partners, relatives and carers.
- We provide information on topics relevant to your needs. The meetings often have guest speakers.
- We provide a forum for discussion and friendship.
- We have fun.
- We arrange social activities such as skittles evenings and coffee mornings.
- We provide a quarterly newsletter.

When do we meet?

We have meetings every four months in an informal, social environment. Social events are organised regularly by the committee.

If you would like to be informed of forthcoming events and be sent the BAD newsletter, please complete the declaration at the back of the leaflet and return to the arrhythmia nurses. Following receipt of this you will be added to the BAD mailing list. You can contact the arrhythmia nurses at any time to be removed from this list. Your name and address will only be used to send out BAD information by the BAD committee.

If you would like to attend a meeting but can't due to transport issues, please contact the arrhythmia nurses who may be able to find someone to give you a lift.

At the meetings members of the BAD group agree to?

- Treat each other with respect to create a forum of honest communication.
- Ensure everyone has the opportunity to share their point of view with the consideration of others.
- Be aware that the meetings are not a forum for discussing individual medical problems.
- To maintain confidentiality of all information shared within the group.

The BAD group committee are responsible for ensuring that these ground rules are followed

How are we funded?

The BAD group does not receive any funds from the NHS. In order to cover the cost of refreshments and the room hire for meetings, we ask for a £2 contribution per person when attending a meeting. In addition, funds for the group are raised through social activities, donations and sponsorship from the companies that manufacture the ICDs. This money is also used to support projects and resources that benefit people with ICDs.

BAD buddy

If you and/or your partner feel that you would benefit from speaking to someone with an ICD or the partner of someone with an ICD this can be arranged by the arrhythmia nurses. This will give you the opportunity to speak to someone who may have been through a similar experience. The "Buddy" has undertaken listening skills training and works within a code of practice to ensure that you feel able to discuss anything with them in a confidential manner. The buddy will only be able to speak from personal experience and will not be able to advise or provide any medical information. Please contact the arrhythmia nurses who can arrange a meeting.

I agree / do not agree (please delete as appropriate) for the arrhythmia nurses to keep my name, home address and email address on the BAD mailing list in order to send me information about meetings, the BAD newsletter and other related BAD business ONLY. I am aware that I can contact the arrhythmia nurses if I wish to be removed from the BAD mailing list at any time.

(PLEASE USE BLOCK CAPITALS)

Name:

Address:

Date of Birth:

Email:

Signature:

Date:

Please return to:

Arrhythmia Nurse Specialists
Post Point B47
Royal Bournemouth Hospital
Castle Lane East
Bournemouth BH7 7DW

