



Hawarden Village  
Church in Wales  
Primary School  
Cross Tree Lane  
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As a school we take very seriously the importance of promoting health awareness.

We are part of the healthy school programme and promote healthy lunches, a fruit tuck shop and water bottles in the classroom.

All pupils have 2 hours of PE lessons each week. As part of the health and fitness programme pupils are made aware of their pulse and how this changes during exercise.

We have a life skills programme for our year 6 pupils. Part of this is a visit from St John's Ambulance who spend a whole day training pupils in first aid. This includes resuscitation.

Our first aiders have recently identified a need for a defibrillator on site because of the number of elderly grandparents who visit the site to bring and collect pupils.

More recently we have had a pupil in nursery whose family have highlighted the benefits. We are therefore very keen to have a defibrillator on site and a link with your charity.

Kind regards

*LMBartlett.*

Lynn Bartlett  
Headteacher

