

## CARTERTON COMMUNITY COLLEGE

Since October half term Carterton Community College in Oxfordshire have been supporting the students with Life Skills, this incorporates first aid courses and an understanding of the importance of a healthy heart.

During PSHE days we educate KS3 and KS4 students on healthy eating and a healthy lifestyle. This has been followed by the importance of a healthy heart and the importance of a Defibrillator in the Community. Then we heard about the A-A Defibs in Schools Project. We believed that it was so important to make Carterton Community College heart safe.

Also during PSHE sessions a Junior Medic Course has been run by a member of the STA, this course qualifies the students in the recognition and management of Basic First Aid incidents, Understanding of Primary and Secondary Survey and the protocol required if Basic Life Support or CPR is required.

The feedback from students and parents alike is very positive. All the students thoroughly enjoy learning new skills, parents feel that their children are learning a massively important life skill and are much safer with in the school now that we will be placing a defibrillator.

Carterton Community College is hoping to qualify all our students by the time they leave our school with a First Aid qualification and a good understanding of a healthy lifestyle, healthy eating and healthy heart. As a School we also provide First Aid instruction to all 6 Primary Schools in our partnership. We also provide First Aid instruction to local sports clubs.

We are so pleased to be placing the life-saving piece of equipment in our school and training the students how to use this in an emergency.

Patsy Moore  
Pastoral Administrator