## Patient Resources

Leaflets, posters and promotional materials also available

To order please contact info@heartrhythmalliance.org or download from www.heartrhythmalliance.org

### Booklets

- Ablation for AF
- AF and You
- Atrial Fibrillation Patient Information
- Atrial Flutter
- Cardioversion of AF
- Drugs Information
- FAQ
- Living with AF and atrial flutter
- A Guide to Oral Anticoagulant Therapy
- Mindfulness and Healthy Living
- Preventing AF-Related Stroke
- Treatment Options for AF

- Arrhythmias: Understanding your condition
- Bradycardia (Slow Heart Rhythm)
- Catheter Ablation for Cardiac Arrhythmia
- CRT / ICD / S-ICD
- Devices for an Arrhythmia
- Diagnosing Cardiac Arrhythmias
- Drug Treatment for Heart Rhythm disorders
- Genetic Testing for Inherited Arrhythmias
- Identifying the Undiagnosed Person
- Living with Heart Failure
- Mindfulness and Healthy Living
- Pacemaker Patient Information
- Remote Monitoring
- Supraventricular Tachycardia (SVT)
- Treatment Options for an Arrhythmia
- What Can I Do About Sudden Cardiac Arrest?
- Which ECG is Right for You

### Factsheets

- AF and Heart Failure
- AF-related Stroke
- Amiodarone
- Anticoagulant Alert Card
- Anticoagulation and AF
- Anticoagulation and Self-monitoring
- Apixaban
- AF and Aspirin: Frequently Asked Questions
- Atrial Fibrillation (AF)
- Atrial Flutter
- Being a NICE Patient Expert
- Beta Blockers
- Cardioversion
- Cognitive Behavioural Therapy (CBT)
- Dabigatran
- Digoxin
- Dronedarone
- Ectopic Heartbeats
- Edoxaban
- Flecaïnide
- Heparin
- Miniature Insertable Cardiac Monitor (ICM)
- Pacemaker and AV-Node Ablation
- Pill-In-The-Pocket cardioversion
- Rate Limiting Calcium Channel Blockers
- Rate versus Rhythm Management
- Rivaroxaban
- Transcatheter Closure of the Left Atrial Appendage
- Warfarin Therapy
- Warfarin and Diet
- Warfarin and Other Medication
- Wolff-Parkinson-White Syndrome (WPW)

### Paediatric information

- What is an AED?

### Factsheets

- Brugada Syndrome
- Heart Failure Infographic
- ICD Summary for the Patient
- Inappropriate Sinus Tachycardia (IST)
- Know the Difference Make a Difference
- Know Your Pulse in 4 Steps
- Miniature Insertable Cardiac Monitor (ICM)
- Travel Insurance
- Understanding your Blood Pressure

### Checklists

- PSVT
- Palpitations
- Arrhythmia

### Booklets

- Cognitive Behavioural Therapy for Chronic Health Conditions
- Diagnostic Tests for Syncope
- Frequently Asked Questions
- Living with Low Blood Pressure
- Mindfulness and Healthy Living
- Postural Tachycardia Syndrome
- Psychogenic Blackouts
- Reflex Anoxic Seizures (RAS)
- Reflex Syncope
- Syncope and Falls in the Elderly (SaFE)

### Factsheets

- Jack has RAS

### Checklists

- Blackouts Checklist